

# Flourishing with WEIGHT LOSS



At **Flourish Medical + Wellness**, we believe an effective weight loss program needs to be tailored to each individual's lifestyle, health, age, and hormone levels. Therefore, we offer a variety of weight loss options in order to provide optimal results for each individual patient.

## Our Approach

01

### Consider All Factors

The best approach toward sustainable weight loss is an individualized balance of factors like nutrition, exercise, mental well-being, and long-term habits.

02

### Balance the Hormones

Restoring optimal hormone levels, testosterone, estradiol, and thyroid is an integral part of a successful weight loss plan.

03

### The Hidden Role of Toxins

High toxin load contributes to weight gain and weight loss resistance. Detoxification may be a necessary jump start.

04

### Peptide Injections

A once-weekly injection to improve satiety, decrease cravings, and improve blood sugar regulation in the body.

05

### Sermoreline Glycine Injections

To increase fat loss, increase lean muscle mass, and accelerate healing, plus- boost mood, and improve brain function.

06

### Lipo B Injections

With a combination of B Vitamins and essential amino acids, Lipo B injections support the body's natural functions to help reduce fat and increase energy and metabolism.

## TAKE THE FIRST STEP

### Call Us!

*"If you are struggling with weight gain you can't lose, perimenopause, menopause and/or weight gain PLEASE do yourself a favor and see Jackie. Traditional and Western medicine just couldn't help. It's worth your investment." - Jennifer E.*